

PRIVATE STUDIO PILATES

30MIN INTRODUCTION TO REFORMER	£25
1:1 STUDIO SESSION	£55
DUET STUDIO SESSION	£80
SMALL GROUP SESSION (4 MAX)	£20PP

PRIVATE AT HOME PILATES

1:1 HOME SESSION	£55
DUET HOME SESSION	£80
SMALL GROUP SESSION	POA

SCARWORK

INITIAL CONSULTATION & TREATMENT (60MINS)	£55
ONGOING TREATMENT (45MIN)	£45

MASSAGE THERAPY

30MIN TREATMENT	£35
55MIN TREATMENT	£55